



Realizing Existence as Co-existence at All Levels

The Holistic Perception of Harmony in Existence

Basic Human Aspiration

Continuous Happiness and Prosperity

Happiness is to be in Harmony

Program for Fulfilment of Human Aspiration

Understanding Harmony and Living in Harmony at all Levels

- Harmony in the Human Being ✓
- Harmony in the Family ✓
- Harmony in the Society ✓

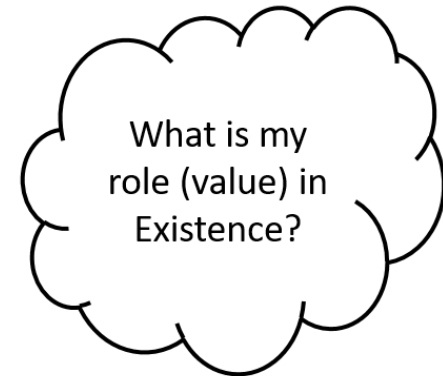
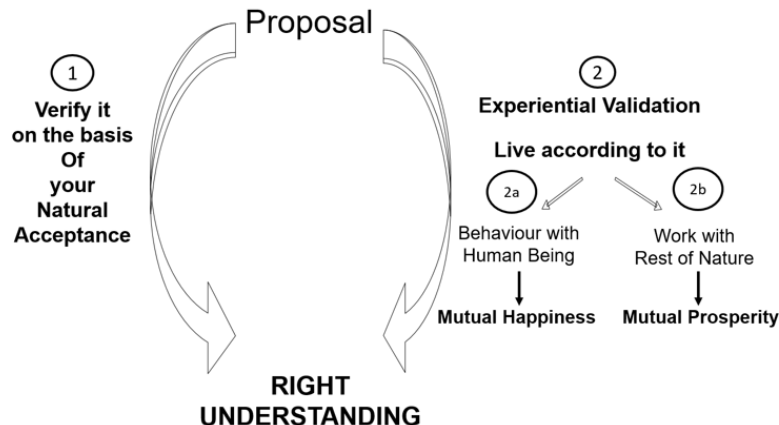


Harmony in Nature/Existence – Existence

Process of Understanding

Self Exploration

Whatever is stated is a **Proposal** (Do not assume it to be true/ false)
Verify it on your own right



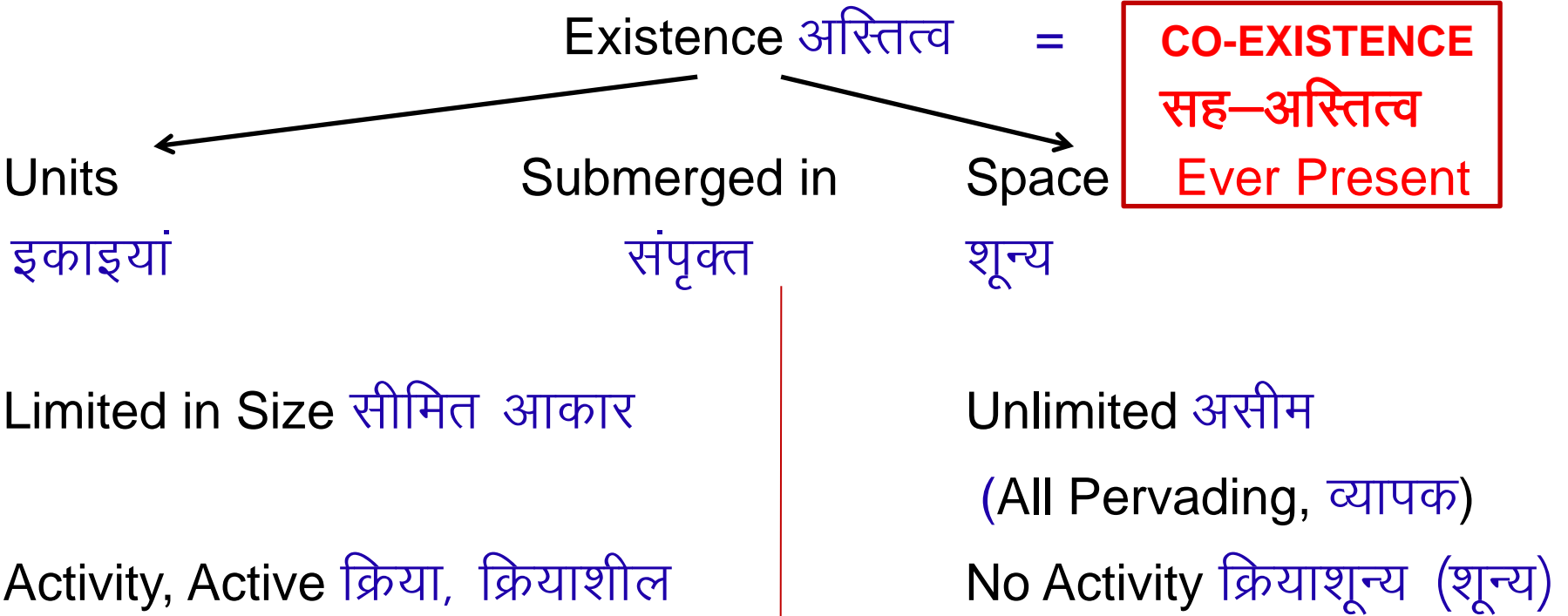
Harmony in Existence अस्तित्व में व्यवस्था

अस्तित्व = अस्ति + त्व
↓ ↓
है / होना व्यवस्था

Existence = Exist + Essence
Whatever ↓ ↓
Exists is/to be harmony (mutual fulfillment)

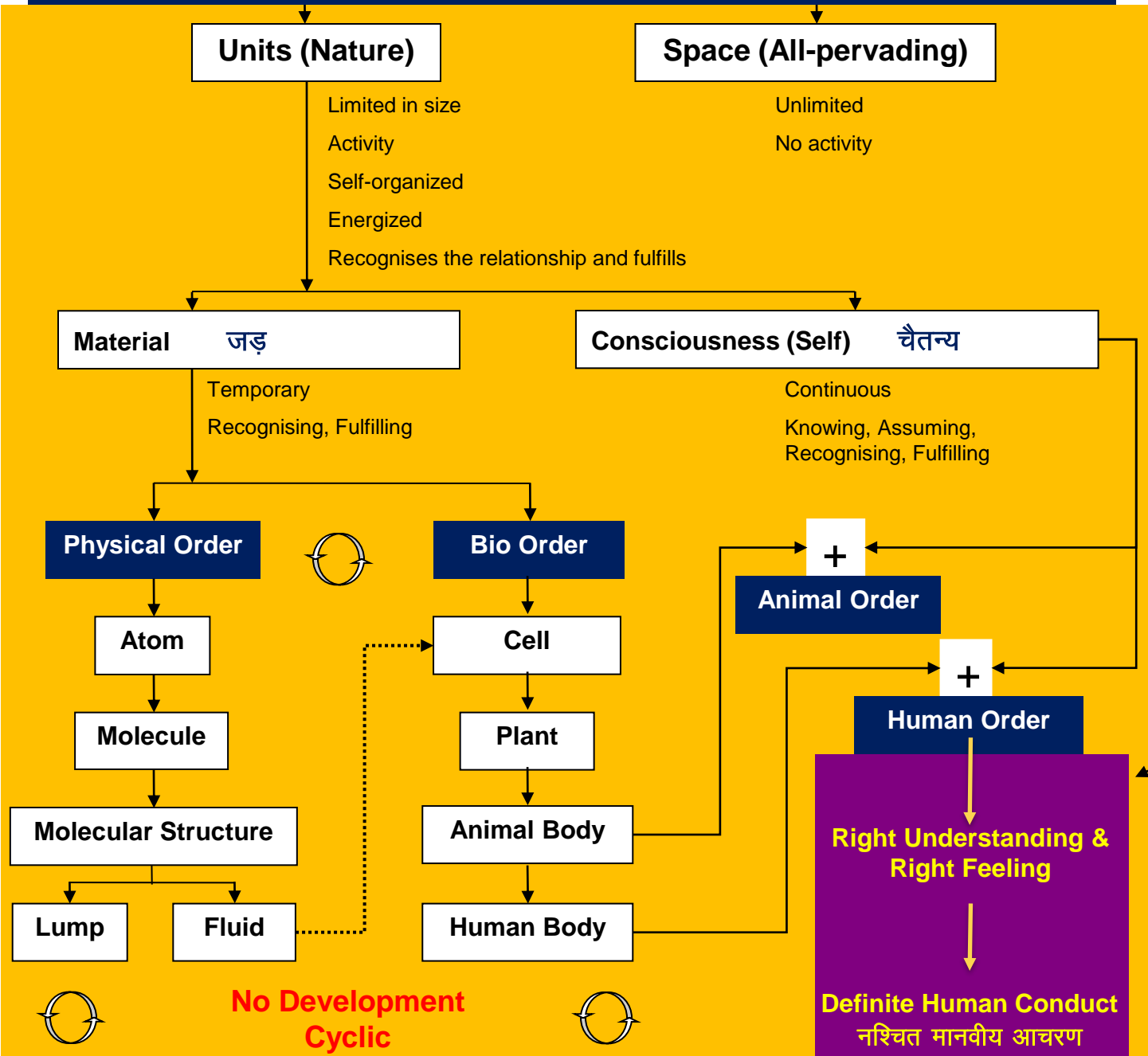
अस्तित्व = सह-अस्तित्व = शून्य में संपृक्त इकाइयां
Existence = Co- Existence = Units submerged in Space

Harmony in Existence अस्तित्व में व्यवस्था



1. Energised in Space (शून्य के सह-अस्तित्व में ऊर्जित है)
2. Self organised in Space (शून्य के सह-अस्तित्व में नियंत्रित है, स्वयं में व्यवस्था है)
3. Recognises it's relationship,
Fulfills its relationship with every other Unit in Space
(शून्य के सह-अस्तित्व में परस्परता को पहचानती है, निर्वाह करती है
बड़ी व्यवस्था में भागीदार है, समग्र व्यवस्था में भागीदार है)

Existence (= Co-existence = Units submerged in Space)



Limited in size
Activity
Self-organized
Energized
Recognises the relationship and fulfills

Unlimited
No activity

Temporary
Recognising, Fulfilling

Continuous
Knowing, Assuming,
Recognising, Fulfilling

This is already in harmony

Only this part is remaining
And it has to happen in the Self by the Self

No Development
Cyclic

Development
Linear - Not Cyclic

Right Understanding & Right Feeling
↓
Definite Human Conduct
नश्चित मानवीय आचरण

Sum Up

Existence is in the form of co-existence. It is ever present
(Existence = **Co- Existence** = Units submerged in Space)

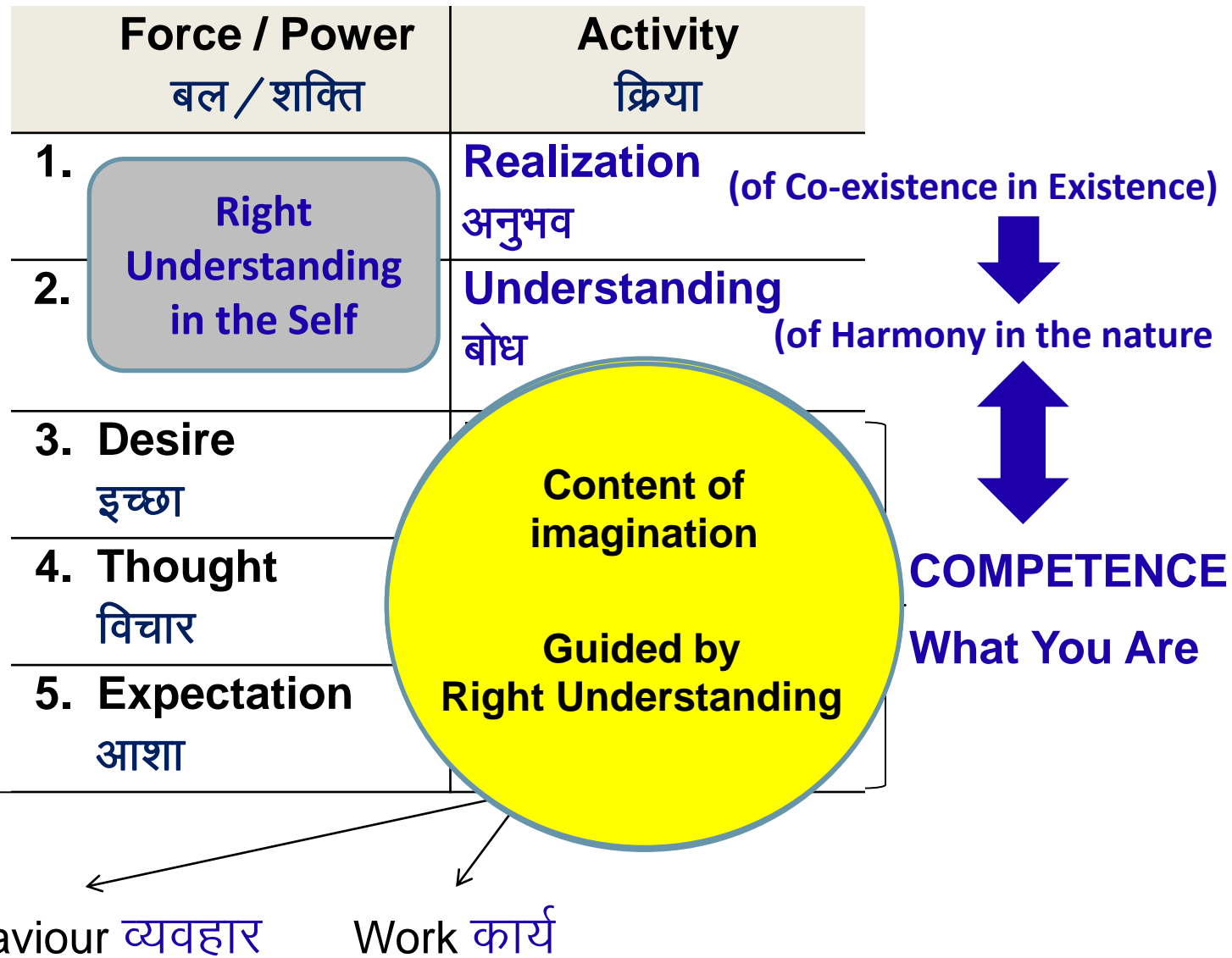
Every unit in existence is related with every other unit in existence in a mutually fulfilling manner

Synergy is intrinsic to existence, harmony and relationship is inherent in nature – we do not have to create it, we do not have to construct it

The role of Human Being is to realize this co-existence, this harmony, this relationship – For this, all that human beings need to do is:

1. To understand the co-existence in existence
2. To live accordingly – to live with the feeling of co-existence
(and there is every provision in existence for living in co-existence)

Harmony in Self



Continuous Happiness, Continuity of Harmony
निरंतर सुख , संगीत में, व्यवस्था में जीना



Quiz



Self Reflection



Sum Up

सार संक्षेप

Value

Value of a unit is its participation in the larger order

(larger order = larger, harmonious system)

e.g. Value of pen is that it helps to write
(participation in education)

Value of water is that it quenches thirst
(participation in health)

Similarly,

Value of your activities (desire, thought, expectation..) is participation in the harmony within you (in the Self).

Value of your body is participation in your activities as a human being.

Your value in the family is your participation in the harmony in the family.

Your value in the society is your participation in the harmony in the society.

Your value in the nature is your participation in the harmony in the nature.

Your value in the existence is your participation in the co-existence.

In this workshop, we tried to explore the universal values of a human being.

Level. Name	Relationship / Potential	Details
4b. Existence	Co-existence	Co-existence Potential for human being to realise
4a. Nature	Mutual Fulfillment	Harmony, Relationship Potential for human being to be in harmony
3. Society	Right Understanding, Prosperity, Fearlessness (Trust), Co-existence	Human-Nature relationship Potential, through participation of individuals and families in various societal systems
2. Family	Feeling of co-existence Trust, Respect ... Love	Human-Human relationship Potential for right feeling in the Self – mutual happiness
1b. Individual Human Being	Co-existence of Self and Body	Self-Body relationship Potential for feeling of self-regulation
1a. Self (I)	Continuous happiness = happiness, peace, satisfaction, bliss	Will to live with continuous happiness Potential for right understanding, right feeling and right thought → mutually fulfilling behavior and work

Universal Values



Program of Action

Program of Action (Individual)

To **understand** harmony and to **live** in harmony
– at all levels of being (individual, family, society, nature/existence)

- 1. Self-exploration** –
Verify the proposals on your own right
→ right understanding (of harmony)
→ feeling and thought of harmony
→ harmonious behaviour, work and participation in larger order
- 2. Self-awareness** – Be aware of your desire, thought and expectation
– every moment
- 3. Self-evaluation** – Evaluate your desire, thought and expectation
– on the basis of your Natural Acceptance

Discover

What I Really Want to Be
My Natural Acceptance
My Intention

Guide

Purify

What I am
My Desire, Thought,
Expectation...
My Competence

Program of Action (at the level of Society)

1. People's Education Program : for adults

10 yrs	1
Next 10 yrs	10
100 yrs	1000 cr



People with Right Understanding & Right Feelings
 - Parents - Policy Makers
 - Teachers ...

2. Education-*Sanskar* Program : for children

20-50 yrs

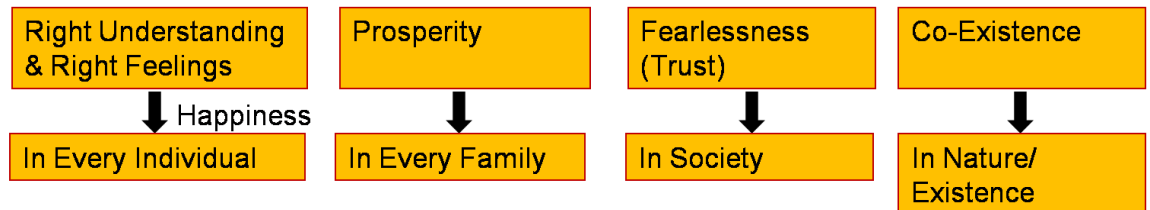


People with Right Understanding & Right Feelings
 - People with definite Human conduct, the competence to participate in Universal Human Order

3. Undivided Society, Universal Human Order Program

10-20 yrs

Course in Academic Curriculum
 Socially Relevant Projects
 Conducive Environment
 Fulfilment of Human Goal



Family – Family cluster – Village – Village cluster ... Nation ... World Family

In Closing...

This online workshop was just an invitation for the 8-day FDP-SI

If you can see the possibility of this content and process,
If you can see your own potential, and the potential of your family,
your institution, your society, your country...

then you will renew your commitment to make the necessary effort for it

As a teacher, you have the highest possibility to realise this potential
and

To be of help to hundreds and thousands of other human beings

- To develop to their *full human personality* and
- To be a source of *a just and equitable society*

It has been an enriching experience for us

Now, we would like to hear from you about your experience



Self-evaluation

Self Evaluation and Commitments (about 3-5 minutes each)

1. Your brief introduction
2. Your personal achievement through the workshop
 - a. Three key proposals (from the content) you could verify, experiment
(Proposals regarding Harmony in the Human Being, Family, Society, Nature/Existence)
 - b. Your thoughts before and your thoughts now
(example of your 'thoughts' where you experienced change between before the workshop and now)
3. a. The potential and possibility you see in this content and process
(at your personal level and in the Family, Institution, Society, Nature)
 - b. Your specific commitment / plans regarding UHV
(at the level of policy, implementation... in the institution, university, region... nation... world)

Your detailed ideas/suggestions are welcome through the feedback form